

## Kingswood Newsletter



Week 1

## WELCOME TO KINGSWOOD!

Welcome new and returning campers! We're so excited to have you here. Week 1 was off to a stellar start. Campers had a blast with fun games, creative activities, and an exciting scavenger hunt on Friday.

We can't wait for more fun in Week 2- next Wednesday is Mismatch Day, so start planning your wackiest outfit!







#### **CONTACT INFO**

Please call or email Kingswood Day Camp Office if you know your camper will be late, leaving early or absent! If we are unable to answer your call, please leave a voicemail.

Call:

(248) 645-3674, Option 3

Email:

KingswoodDayCamp@cranbrook.edu

#### **GENERAL REMINDERS**

- Remember to pack a water bottle and sunscreen for your camper every day.
   Next week's temperatures are forecasted to be EXTREMELY WARM, so please plan accordingly so your camper can have the best possible experience.
- If your camper has any medical needs or medicine (including inhalers, epi-pens, over-the-counter medications, or prescription medications), please let us know.
- Cranbrook is a nut-free campus, including items made in factories that use nuts.
   Please ensure that your campers avoid bringing these foods to camp!

#### **SWIM REMINDER**

To help us make the most of our pool time, we encourage all campers to arrive at camp **already wearing their swimsuits**, since swim is the first activity of the day.

Campers will have time to change after swimming, so be sure to pack a change of clothes for the rest of the day.

Please send your camper with a separate bag for their swim gear, and an extra set of clothes for camp activities. These bags can be safely stored in lockers while campers are off having fun!

Thanks for helping us keep the day running smoothly!







### **DRESS UP DAY**

Next Wednesday, June 25th, is

## MISM<mark>atc</mark>h Day

Get ready to mix it up! Wear your WACKIEST, WILDEST most MISMATCHED outfit. Stripes, polka dots, crazy colors... the sillier, the better! We can't wait to see your creativity on display!



#### **MORNING DROP-OFF**

Drop-off is between 8:45 AM and 9:00 AM

- For everyone's safety, all campers must remain in their vehicles until a counselor is present to greet them.
   Campers may not exit their vehicles or enter Kingswood unattended.
- We kindly ask that adults stay in their vehicles during the entire drop-off process to help keep things running smoothly.
- If you need to drop off your camper **before 8:45 AM**, please register for **Extended Care at Brookside Camp** (additional fees apply).

#### **AFTERNOON PICK-UP**

Pick-up is at 2:50 PM

- Any adult coming to pick up your camper must be on your camper's Authorized Pick-up List and MUST have an Authorized Pick-up form in their passenger window. The Authorized Pick-up form is located in the Document Center online. Adults without the form will have their photo ID checked.
- We kindly ask that adults stay in their vehicles during the entire pick-up process to help keep things running smoothly.
- If you need to pick up your camper later, please register for **Extended Care at Brookside Camp** (additional fees apply).

# Staff Spotlight

Hi! My name is Grace Kaptur I am so excited to be the nature instructor for KDC this year! I am currently attending Hope College with a degree in Elementary Education with a minor in Special Education. I have a love for kids and nature, and in my free time I love playing different sports especially soccer and basketball. I am so excited to meet all the campers and make some great memories along the way!!





Hi! My name is Gretchen and I am a counselor here at Kingswood. I just graduated with my bachelor of science in communicative sciences and disorders at Michigan State. I will be continuing my education at Western Michigan to receive my master's in Speech-Language

Pathology. I am super excited to meet all of the campers this summer and look forward to getting to create life long memories with each of them!

# Activity Highlights

## **Nature**

This week in nature we did a few different activities! Firstly we were focusing on being outside in the nature around campus. Groups could complete a bingo sheet with different forms of nature that they could see. With this bingo sheet they also played many games of charades with different forms of nature they saw outside! Through these activities students learned to appreciate the nature that they sometimes don't notice and the respect we need to have for the world!!!



## Archery



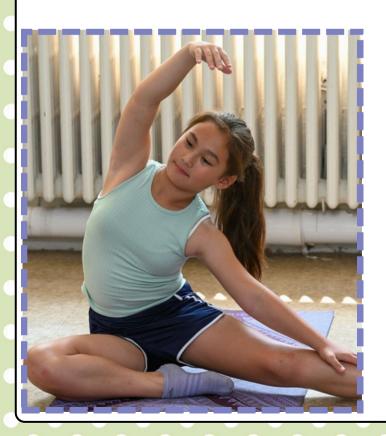
We had a blast in archery this week! For the first week of camp we focused on our safety rules out on the range as well as learning the basics of the first shot. Next week we will be working on our stances and form, as well as the different stages of shooting.

## Activity Highlights Music

It was a rockin' week for Kingswood! For our music activities this week, campers and counselors learned more about each other during Musical Hot Potato! During this game, campers play Hot Potato, but whoever has the ball when the music stops shares a fun fact about themselves, from their favorite song to any instruments they want to learn. I can't wait to spend the next several weeks making music with Kingswood!



## Yoga



We have been having a great time in yoga this week! Campers have been following a guided stretch and yoga flow, learning different poses like mountain pose, triangle pose, and warrior poses. We brought back a camper favorite game called Yoga Night at the Museum, where different campers got chosen to lead the game. I look forward to what we accomplish next week!

# Activity Highlights Drama



For week one of camp, campers
were introduced to the basics of
improv. We learned a variety of
common warmups such as Zip, Zap,
Zop, One Word Story, and Count 21
among others. With these basic
skills of communication and
teamwork, campers now have the
tools needed to make funny and
engaging skits.

## Art

This week campers made name tags for their lockers. They included their names as well as drawings of their interests and hobbies. This activity provided a wonderful way for everyone, including myself, other staff members, and the campers, to get to know each other better and showcased everyone's creative side!



## Activity Highlights

Sports

This week at KDC the girls brought their energy and enthusiasm to every session! We kicked things off each day with a warm-up run and some dynamic stretching to get our bodies moving and ready for action. One of our favorite activities was a twist on the classic Red Light, Green Light, we added a basketball element to challenge both speed and coordination, and the campers absolutely loved it! We also had a blast with Hula Hoop Showdown, a fast-paced relay game that combined hopping through hula hoops with exciting rounds of rock, paper, scissors. The teamwork, laughter, and friendly competition made for an incredible first week in sports. I'm so proud of all the campers and can't wait for more fun next week!



## Tennis

This week the girls learned about safety and rules of the court! We played some simple tennis games and learned the basics of how to hold a tennis racket and hit.

## Canoe

Hi parents! This week at canoeing campers learned how to be safe in and around the canoes, as well as some basic paddling. We are very excited for next week when we will get to use our skills to explore the lake and see the different creatures that inhabit it!

# Activity Highlights

## Dance

It was a great first week at Kingswood! This week, girls focused on learning the names of their fellow campers and getting more comfortable in the dance studio.

Campers made up their own dance moves/poses and got really creative! We also played some dance games like

Freeze Dance and Dance Telephone and learned how to chassé. I look forward to teaching them more foundations of dance next week!

















